

What would you do if the power goes out, water stops flowing from your pipes, and you can't go to the store? What if you need to leave your neighborhood quickly? What you will need depends on who you are.

















Home Emergency Kit

Have enough supplies to last at least two weeks. Store items in a cool, dry place that you can get to easily. Tell everyone you live with where emergency supplies are stored.

- □ At least 1 gallon of water per day for two weeks for each person/animal (that's 14 gallons per person/animal)
- Unscented bleach and dropper (to sanitize, 8 drops per gallon of water)
- ☐ Shelter and warmth (blankets, sleeping bags, tent, tarp, etc.)
- ☐ Warm clothing, sturdy shoes & socks
- ☐ Shelf stable, high-protein, high-energy food (and manual can opener)
- ☐ Lighter/matches in waterproof container
- ☐ First aid supplies (<u>redcross.org</u>)
- ☐ Fire extinguisher (learn to use it safely)
- Medication and medical info
- Spare glasses/contact lens supplies
- ☐ Infant-care items (diapers, wipes, rash cream, formula, extra water, etc.)
- ☐ Emergency toilet items (two 5-gallon buckets, heavy-duty garbage bags, layering material such as sawdust)
- □ Personal hygiene items (toothbrush, feminine supplies, toilet paper, soap, wet wipes, hand sanitizer, unscented bleach, garbage bags, etc.)
- Whistles (in multiple locations)

- Important documents, including your emergency plan (store in plastic bag)
- □ Animal care items (extra water, food, leashes, cages, medication, identification, bedding, toys, etc.)
- ☐ LED flashlight and extra batteries (store batteries separately)
- ☐ Hand-crank or solar AM/FM radio
- ☐ Cell phone charger (solar, if possible)
- ☐ Tools (including a wrench for turning off gas), rope, duct tape, work gloves
- ☐ Dust masks and other air particulate barriers (plastic sheeting, etc.)
- ☐ Cash (in small bills)
- ☐ Eating and cleaning supplies (cups, plates, utensils, paper towels, etc.)
- ☐ Pen, paper, local maps
- Emergency reference materials (First Aid manual, <u>Emergency Toilet</u> Guidebook, etc.)
- ☐ Entertainment and comfort items
- □ Anything else you need to make yourself, your children, your pets, and anyone else you care for healthy and comfortable!



Other Types of Kits

We don't know where we'll be when an emergency occurs. Put supplies places where you and your loved ones spend a lot of time.

Under Your Bed

You may be sleeping when an earthquake or other emergency happens. These items will help you get out of the house and protect you from glass and other debris.

- ☐ Slip-on or loosely-laced shoes or boots
- ☐ Flashlight (check batteries regularly)
- ☐ Hard hat or bike helmet
- Leather work gloves
- A whistle to call for help

In Your Car

Think about what you would need to shelter in place or walk home. Include items from the Home Emergency Kit, as well as typical car tools (jack, wrench, tire chains, ice scraper, jumper cables, flares, etc.). For summer, include extra water, sunscreen, and a sun hat. For winter, include warm clothes, an ice scraper, and chains or other traction devices.

At Work / School

Be prepared to stay put for 1-2 days. Include the most essential items from the Home Emergency Kit, as well as anything else you might need to stay comfortable. At a minimum, include water, food, a first aid kit, prescription medicine, cash, and a cell phone charger.

On the Go

You may need to leave home quickly. Make a smaller version of the Home Emergency Kit. Put it in a backpack or other portable container. Keep it near your front door so you can access it easily.

Customize your kits to fit your needs, skills, goals, and resources.

Check on your kits once or twice a year. Mark your calendar so you don't forget. Update kits based on your changing life needs and replace expired items.

Inspire your friends, family, and neighbors to get prepared. Talk about it frequently, and share this flyer.